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Review Article

METHODS TO CONTROL OF HEAT PRODUCTION DURING TOOTH PREPARATION-A SYSTEMATIC REVIEW

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ABSTRACT

It is well known that there will be increase in the temperature of the tooth's surface during certain dental procedures and has greater interest is their potential damaging effect on the pulp of the tooth. Many studies have investigated the responses of the dental pulp to thermal irritation and the temperature at which thermal damage is initiated. There are also many *in-vitro* studies that have measured the temperature increase of the pulp and tooth-supporting tissues during restorative procedures. This review article provides an overview of studies measuring temperature increases in tooth structures during tooth preparation, and proposes clinical guidelines for reducing potential thermal hazards to the pulp and supporting tissues by various methods and armamentariums used to control heat production.

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INTRODUCTION

When two surfaces move over each other, generation of heat is inevitable. More so when a tooth is prepared¹. This heat is not pleasant to the patient and may also result in injury to the pulp². Multiple ways are employed to reduce this heat, from making the abrasive finer, to use of coolant to more exotic methods like designing the abrasive diamond in various ways to dissipate the heat^{3,4}. Even methods using either coolant spray on the outside or from the inside of the diamond points are also considered. Some design where coolants are channeled around the diamond are also available⁵.

Literature is abundant with articles on pulp hyperemia⁶ due to heat generated and on patient's response⁷. But structured research on this subject is sparse. More recently use of Lasers⁸ and Piezoelectric devices have made large strides in dissipation of heat generated. This study was initiated to find the best of the various methodologies used for heat reduction found in literature. The aim of this study is to help in searching new avenues to future research with regards to heat generation and dissipation.

MATERIALS AND METHODS

The following analysis was performed according to the guidelines of the PRISMA statement for a systematic review.

Focused question on comparison and outcome.

The review is focused on: "What are the methods used to reduce the heat production during tooth preparation?"

Search strategy

The MEDLINE -PubMed database was searched from 1990 to May 2018.

Study inclusion criteria

The studies were analysed according to the following inclusive criteria

1. All studies related to heat generation during dental restorative procedures
2. Articles related to tooth preparation were considered for inclusion
3. Articles related to comparison of diamonds, hand pieces & coolants were included
4. Only human studies were included
5. Only studies in the English language were included

Study exclusion criteria

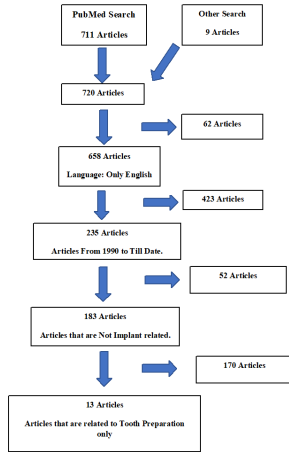
The studies with following criteria were not included in the review:

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1. Studies not related to temperature control
2. Studies other than the dental restorative procedures
3. Studies not related to the dental field
4. Studies with in sufficient information
5. Animal studies were excluded

Search (((((((((((tooth OR dental) AND preparation)) AND laser) AND "last 10 years"[PDate] AND English[lang]) NOT (((((((implant AND "last 10 years"[PDate] AND English[lang]) OR (implant AND "last 10 years"[PDate] AND English[lang]) AND "last 10 years"[PDate] AND English[lang]) Filters: published in the last 10 years; English 154



Data extraction

All the studies which met the followed inclusion and exclusion criteria for review were obtained and screened. The quality of various studies regarding temperature control and the instruments used during the procedures were considered for the assessment of the control of heat production⁹.

DISCUSSION

In the review of the past studies, evidence is available about temperature control during the dental tooth preparation procedures. This review tried to systematically evaluate the current evidence and to compare the different methods to control heat production during tooth preparation.

In total,13 articles could be included, from which the data were obtained. To assess the different methods and techniques for maintaining temperature during the procedure., all the 13 articles were reviewed for the following characteristics: design of the study, samples used, diamonds and burs, hand pieces, lasers, ultra-sonics and coolants used.

Table 1 evaluation of control of heat production in various articles

| Reference | Study design | Sample Size | materials used | | | | | | | | |
|---|-------------------|-------------|----------------------|---------------------|------------|--------------------------------|-----------|------------|-------------------------|------------------------------|---------------------------------|
| | | | Diamonds and Burs | | | Handpiece | | Laser | ultrasonic tips | Coolants used | |
| | | | Standard Diamond bur | Premium Diamond Bur | TDA system | Internally cooled Diamond burs | Low Speed | High speed | | with coolant (water and air) | without coolant (water and air) |
| 1 Pnina seagul DDM, danny sap | Comparative study | 48 | 4.438 | 2.975 | | | | | | | |
| Glockner K, Rumpler J, Ebeleseder K, Stadler P | Comparative study | 20 | | | | | | | Er-yag laser -- (-7-10) | | |
| 2 Journal of Clinical Laser Medicine & Surgery Volume 16, Number 3, 1998 | Comparative study | 10 | | | | | | | | | |
| Watson T F, Flanagan D, Stone D G | Comparative study | 10 | | | | | | | | | |
| 3 British Dental Journal, VOLUME 188, NO. 12, JUNE 24 2000 | Comparative study | 10 | | | | | | | | | |
| Geraldo-Martins V R, Tanji E Y, Wetter N U, Nogueira R D, Eduardo C P | invitro study | 72 | | | | | | | | | |
| 4 Photomedicine and Laser Surgery Volume 23, Number 2, 2005 | invitro study | 72 | | | | | | | | | |
| Galindo DF, Ercoli C, | Comparative study | 60 | (-0.2) | (-0.8) | (-0.3) | | | | | | |
| 5 FunkenbuschPD, Greene TD, Moss ME, Lee HJ, et al | Comparative study | 60 | (-0.2) | (-0.8) | (-0.3) | | | | | | |
| 6 Ercoli C, Rotella M, Funkenbusch P, RusselS, Feng C | Comparative study | 75 | (-8) | (-8) | (-8) | | | | | | |
| L. Firoozmand, R. Faria, M. A. | Comparative study | 75 | (-8) | (-8) | (-8) | | | | | | |
| 7 Araujo, R. di Nicoló and M. F. Huthala | Comparative study | 30 | | | | | 0.8 | 0.8 | 0.39 | | |
| 8 Uri Ben-Hanan, Michael Regev and Herbert Judes | Comparative study | 75 | (-10) | | | (-13) | | | | | |
| 9 Journal of Materials Science and Engineering B 2 (10) (2012) 551-559 | Comparative study | 75 | (-10) | | | (-13) | | | | | |
| Bruno Neves Cavalcanti, DDS,a | Comparative study | 30 | | | | | | | | | |
| Choyu Otani, PhD (J Prosthet Dent 2002;87:158-61.) | Comparative study | 30 | | | | | | | | | |
| Aleska Dias Vanderlei, DDS, MS,a | Comparative study | 20 | | | | | | | | | |
| 10 Alexandre Luiz Souto Borges DDS (J Prosthet Dent 2008;100:107-109) | Comparative study | 20 | | | | | | | | | |
| Bora O` ztu` rk, DDS, PhD,a Aslihan U` xsu`mez, DDS, PhD, (J Prosthet Dent 2004;91:436-40.) | Comparative study | 12 | | | | | | | | | |
| 11 Carlo Ercoli, DDS,a Mario Rotella, DDS(J Prosthet Dent 2009;101:248-261) | Comparative study | 12 | | | | | | | | | |
| 12 Carlo Ercoli, DDS,a Mario Rotella, DDS(J Prosthet Dent 2009;101:248-261) | Comparative study | 30 | (-8) | (-10) | (-10) | | | | | | |
| 13 Silvana Juki`c Krmek, D.D.S., Ph.D., I Ivana Miletic, D.D.S | Comparative study | 30 | (-8) | (-10) | (-10) | | | | | | |
| Photomedicine and Laser Surgery Volume 27, Number 2, 2009 | Comparative study | 10 | | | | | | | 0.7 | | |

Diamonds and burs

Out of 13 articles, 5 articles used standard diamonds, 4 articles used premium diamonds, 3 articles used TDA system and one article used internally cooled diamond burs. In this the premium diamonds are specially made diamond grits, in size 100-150µm. The homogenized diamond surface is evenly distributed on the bur with no "bald" area.

The channeled diamonds are specially designed to allow the water to flow inside through a hollow in it by which the internal cooling is possible, and also it provides the improved visibility of the field of operation.

The mean reduction in temperature was observed for premium diamonds¹⁰, standard diamonds, TDA system and internally cooled diamond bur are -10°C, -8°C, -8°C and -13°C respectively.

According to this it showed that premium diamond bur and internally cooled diamond bur showed less rise in temperature than standard diamond burs during tooth preparation.

Hand pieces

Out of 13 articles, 2 articles¹¹ used high speed hand piece and 1 article compared high and low torque handpieces¹². In this the high speed handpiece¹³ showed a reduction temperature about 8°C and for high torque handpiece¹⁴ its about -4.2°C

According to this it was showed that the high torque handpiece¹⁵ was having capacity to reduce temperature during tooth preparation when it is used with proper coolant.

Lasers

Out of 13 articles, in 3 articles they used Er-YAG laser¹⁶ in that it was stated that the usage of Er-YAG laser showed less rise in temperature during tooth preparation of about -7°C average.

The Er-YAG laser^{17,18} has the ability to remove the particles in microexplosions and to vaporize them, this process is called as ablation. During this process heat can be generated and this could be controlled by using coolants.

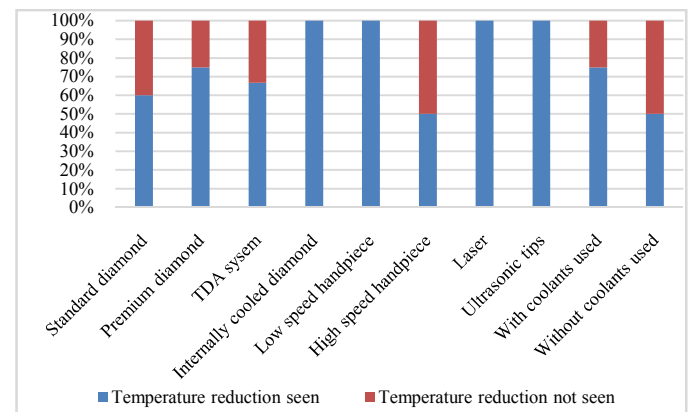
Ultrasonics

Out of 13 articles, in one article they used ultrasonic tips¹⁹ in that article, it was concluded that the ultrasonic tips induced the same temperature increases as the high-speed hand piece during tooth preparation. And it showed a reduction temperature of about -3.8°C for ultrasonic preparation.

Coolants

Out of 13 articles, 8 articles had given importance to the coolants²⁰ used, in that 4 articles done the study without coolant used, in that 2 articles was observed for reduction in temperature²¹, but it showed comparable temperature increase, in 4 articles they done the study with coolants used, in that 3 articles shown more reduction in temperature. In an article it was also concluded that internal irrigation showed much more reduction in rise in temperature while doing tooth preparation.

RESULT



The results in the study are depicted in the chart

The blue bar signifies the temperature reduction seen, and the orange bar signifies the temperature reduction not seen.

From the chart we can observe that

1. For premium diamond bur the rise in temperature was good enough when compared with standard diamonds.
2. For Internally cooled diamond bur, Er-YAG laser, Ultrasonic tips and High speed hand pieces it showed the maximum temperature control.

CONCLUSION

Out of 13 articles, all the studies showed the different methods to control heat production, in an article it was concluded that premium burs showed much more reduction in rise in temperature while doing tooth preparation and Er-YAG LASER, ultrasonic tips and internally cooled diamonds showed more superior effects in temperature control.

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