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Research Article

EFFECT OF PROSTAGLANDIN $F_{2\alpha}$ AND PROGESTERONE-RELEASING DEVICE CIDR® ON ESTRUS SYNCHRONIZATION IN FRIESIAN X INDIGENOUS CROSSBRED COWS IN MAZABUKA DISTRICT, ZAMBIA

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ABSTRACT

Forty Friesian x Indigenous crossbred non-lactating cows in Mazabuka were used to investigate response to estrus synchronization using prostaglandin $F_{2\alpha}$ (PGF_{2 α} ONLY) or a combination of prostaglandin $F_{2\alpha}$ and progesterone-releasing device CIDR® (PGF_{2 α} +CIDR). Twenty cows were randomly allotted to each treatment. On day 0, the PGF_{2 α} ONLY cows were injected with 2ml of the prostaglandin, and repeated on day 11. The PGF_{2 α} +CIDR cows were inserted with the vaginal implant CIDR on day 0, and then injected with 2 ml of prostaglandin on day 7. On day 8, the CIDR devices were removed from the cows. Time taken to respond to treatment was monitored in all cows. The numerical value for Estrus Response was higher in PGF_{2 α} +CIDR cows (55%) than in PGF_{2 α} ONLY (35%) cows. There was, however, no significant difference ($P>0.05$) in the Response Time between the two treatments although it was numerically shorter in PGF_{2 α} +CIDR cows (91.6±2.9 hrs) than in PGF_{2 α} ONLY cows (98.0±6.9 hrs). It is recommended that smallholder dairy producers in Mazabuka consider adopting the two-drug combination rather than PGF_{2 α} only for estrus synchronization. However, this must be in combination with good animal nutrition. Further research is recommended to investigate factors for enhanced effectiveness of estrus synchronization.

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INTRODUCTION

Smallholder dairy farming in Zambia has increased steadily since the early 1980s (Pandey and Muliokela, 2006); this can largely be attributed to the crossbreeding programme between Friesian bulls and indigenous cows to upgrade the local herd for increased milk production. However, many smallholder producers in the country have not caught up with the current trends and technologies for increased efficiency in the dairy business (Simoongwe, Personal Communication, 2014). Partly, this is due to inadequate exposure to new technologies or simply lack of evidence-based information on such technologies. Estrus synchronization for increased reproductive efficiency through artificial insemination (AI) is one such technology where there is a gap.

Estrus synchronization protocols vary greatly, ranging from use of the luteolytic agents only (Gebrehiwot *et al.*, 2015) through use of combinations of luteolytic agents and other substances (Xu and Burton, 2000; Lamb *et al.*, 2001). While estrus synchronization has been used widely in pure dairy cows, the technology has not been used widely in crossbred cows reared

by smallholder producers in Zambia. This is largely due to scanty information about the technology's effectiveness and benefits to the farmer. Further, there is information gap about the available protocols that could be appropriate to the Zambian smallholder producer.

The objective of this study was therefore to determine the effects of two protocols: prostaglandin only and prostaglandin plus progesterone, on estrus synchronization in crossbred cows on smallholder dairy farms in the District of Mazabuka, Zambia.

MATERIALS AND METHODS

Study area and experimental design

The study was conducted in Mazabuka District in the same areas as in the previous study (Yambayamba and Mwanza, 2016). Forty Friesian x Indigenous crossbred non-lactating multiparous cows, all belonging to smallholder producers were used in the study involving two treatments. The study was conducted in the rainy season months of January and February when there was adequate pasture for cattle. Targeted sampling was done in order to select an equal number of cows from each

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location and also to ensure that the cows were similar in body condition [3.0-4.0 using the scale by Rodenburg (2004)]. Pregnancy diagnosis was done by experienced technicians to ensure that only empty cows were used in the study. Twenty cows were randomly allotted to each treatment as follows: 1: Administer Prostaglandin F_{2α} only (PGF_{2α}ONLY); 2: Administer Prostaglandin F_{2α} and progesterone-releasing device CIDR®(PGF_{2α}+CIDR).

Estrus synchronization

On day 0, the PGF_{2α}ONLY cows were injected intramuscularly with 2 ml of PGF_{2α} and continuously observed for estrus. On day 11, the injection was repeated in the cows that did not respond to the first injection. The PGF_{2α}+CIDR cows were inserted with the vaginal implant CIDR on day 0, and then injected with 2 ml of PGF_{2α} on day 7. On day 8, the CIDR devices were removed and the cows were then observed for estrus. The time taken for cows to respond to the treatments was also recorded.

Data collection and statistical analysis

Genstat (version 13.1) (2010) was used for data analysis. The number of cows that responded to treatment was computed as a percentage (Estrus Response) of the total number of cows in each respective treatment. Response Time (hours) for each treatment was statistically analyzed and the means were separated using the *t-test*.

RESULTS AND DISCUSSION

The numerical value of the Estrus Response (%) was higher in PGF_{2α}+CIDR cows than in PGF_{2α}ONLY cows (Table 1).

Table 1 Mean Estrus Response (%) of crossbred cows synchronized with either PGF_{2α} or a combination of PGF_{2α} and CIDR

Treatment	No. of cows	No. of responsive cows	% Response
PGF _{2α} ONLY	20	7	35
PGF _{2α} +CIDR	20	11	55

These results are consistent with findings in pure dairy cows. Saldarriaga *et al.* (2007) who compared the efficiency of prostaglandin treatment alone with the combined progestin-prostaglandin treatment in dairy cows found that the latter was more effective than the former during the first 96 hours after the end of the treatment. Similarly, Gyawu *et al.* (1991) observed that the progestin-prostaglandin combination was more effective in synchronizing ovulation compared with prostaglandin alone. Various studies have reported high response rates in dairy cows when PGF_{2α} is used in combination with other substances. For example, Dailey *et al.* (1986) administered PGF_{2α} and estradiol benzoate to lactating cows and reported an increased proportion of cows in estrus (66.9%) compared to the control. Xu and Burton (2000) also reported estrus synchronization rates of 92.8% in lactating cows following administration of GnRH, CIDR and PGF_{2α}. In Bangladesh, Rahman *et al.* (2014) reported 100% estrus response in crossbred cows (Holstein x Local) following injection with GnRH and PGF_{2α} and flushing with high energy feed.

According to Busch *et al.* (2010), the improved synchrony of estrus and ovulation for cows treated with CIDR appears to be associated with an increased response to GnRH and more effective control of the emerging follicular wave resulting from pre-synchronization with long-term CIDR treatment before GnRH and PGF_{2α}. Measurable differences in the resulting synchrony of estrus after treatment suggest that these differences occur as a consequence of these improvements in synchrony of estrus and ovulation when comparing the two protocols.

It is, however, to be noted that while the present study showed that a combination of progesterone and prostaglandin resulted in a numerically higher Estrus Response (55%), it was lower than values reported by other workers. This could be explained from the point of poor nutrition as most smallholder producers do not provide feed supplementation. Thus, although the study was conducted during the rainy season, the animals still needed to be supplemented with high-energy concentrates in order to effectively respond to estrus synchronization.

With regard to Response Time, there was no significant difference (P>0.05) between the PGF_{2α}+CIDR cows (91.6±2.9 hrs) and the PGF_{2α}ONLY cows (98.0±6.9 hrs) although numerically, the former exhibited a shorter Response Time (Table 2).

Table 2 Mean Response Time(hours) in crossbred cows synchronized with either PGF_{2α} or a combination of PGF_{2α} and CIDR

Treatment	No. of responsive cows	Response Time ± SE	P
PGF _{2α} ONLY	7	91.6±2.9	0.41
PGF _{2α} +CIDR	11	98.0±6.9	

The prolonged Response Time in both treatments are not in agreement with numerous studies in which cows and heifers have been given prostaglandin only or a combination with progesterone or other agents. Lamb *et al.* (2001) noted that the average interval from injection of prostaglandin to estrus was usually 60 to 72 hours. Kebede *et al.* (2013) reported an average of 51 hours following administration of PGF_{2α} in local cows. Lemaster *et al.* (2001) who administered PGF_{2α} in combination with GnRH to crossbred postpartum cows observed that estrus occurred within 48-72 hours. As in the case of estrus response, the long time-intervals in the present study may be explained from the perspective of the level of management and nutrition of animals among smallholder dairy producers in the study area.

It is recommended that smallholder dairy producers in Zambia consider adopting a combination of prostaglandin and progesterone for estrus synchronization. However, good results can only be achieved if the estrus synchronization is done in combination with good management and improved nutrition of animals. Further research is recommended to investigate the factors that may improve the effectiveness of estrus synchronization in the crossbred cows on the smallholder dairy farms.

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