

Research Article**CONCISE REVIEW ON ROLE OF NMDA RECEPTORS IN ALZHEIMER'S DISEASE**

Hitesh Malhotra, Harita Saini, Peeyush Kaushik and Anjoo Kamboj

Chandigarh College of Pharmacy Landran, Mohali, Punjab

DOI: <http://dx.doi.org/10.24327/ijrsr.2019.1006.3634>**ARTICLE INFO****Article History:**Received 13th March, 2019Received in revised form 11th

April, 2019

Accepted 8th May, 2019Published online 28th June, 2019**Key Words:**

Alzheimer's disease, NMDA, Memantine

ABSTRACT

Excitatory glutamatergic neurotransmission via N-methyl-d-aspartate receptor (NMDAR) is significant for synaptic plasticity as well as endurance of neurons. However, extreme NMDAR activity causes excitotoxicity and initiates cell death, underlying a potential mechanism of neurodegeneration occurred in Alzheimer's disease (AD). Studies suggest that the distinct outcomes of NMDAR-mediated responses are induced by receptor behavior, followed by various signaling pathways. The activation of synaptic NMDARs initiates plasticity and stimulates cell survival. In contrast, the activation of extrasynaptic NMDARs promotes cell death and thus contributes to the etiology of AD, which can be blocked by an AD drug - memantine, an NMDAR antagonist that selectively blocks the function of extrasynaptic NMDARs.

Copyright © Hitesh Malhotra *et al* 2019, this is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution and reproduction in any medium, provided the original work is properly cited.

INTRODUCTION

The glutamate receptor and ion channel protein named as N-methyl-D-aspartate receptor (also known as the NMDA receptor or NMDAR) found in nerve cells. The NMDA receptor is one amongst 3 forms of ionotropic receptors.

NMDA receptors are neurotransmitter receptors located in the postsynaptic membrane of a neuron. These are the proteins embedded in the membrane of nerve cells that receive signals across the synapse from a previous nerve cell. They are concerned in signal transduction and management of the gap and shutting of particle channels. They play an important role in learning and memory formation.

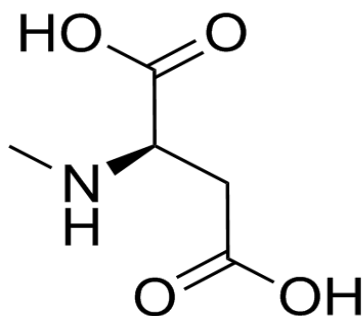


Figure 1 N-Methyl D-Aspartate

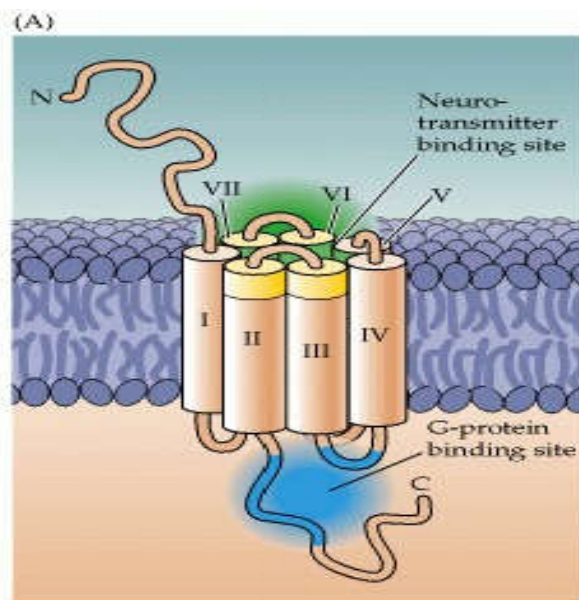


Figure 2 Nmda Receptor

Several unique biophysical and pharmacological features, including the requirement for simultaneous binding of the coagonists glycine and glutamate for activation, slow deactivation, voltage-dependent Mg^{2+} block, and high permeability to Ca^{2+} , distinguish NMDA receptors from the other ionotropic glutamate receptors. N-methyl-D-aspartate (NMDA) receptors are made up of five subunits that have a

identical amino acid sequence to other glutamate membrane receptor classes such as the AMPA (α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid) receptors and the kainate receptors. These five subunits are further classified into two subfamilies of glutamate receptor channel subunits. These subunits are made up of four central segments and an amino-terminal signal peptide that are hydrophobic. The amino acid sequences are identical among subunits of the same subunit family, but there can be significant difference between subfamilies. For example, in all types of subunits the second central segment constitutes an asparagine residue in a location such that it involves in the Ca^{2+} permeability of the ion channel. The NMDA receptor (NMDAR) is a subtype of calcium-permeable ionotropic glutamate receptors that will mediate the fast synaptic transmission at the vast majority of excitatory synapses in the mammalian brain. Molecular cloning has identified a number of NMDAR subunits that are classified into three subfamilies: NR1, NR2 (A–D), and NR3 (A and B). Most native NMDARs are tetrameric complexes that consist of two essential NR1 subunits and one or more regulatory NR2 subunits, most commonly NR2A and/or NR2B. NMDARs have important roles in synaptic physiology, including synaptic plasticity [1].

NMDARs present as multiple subtypes which differs in their molecular (subunit) composition. They are assembled as tetramers composed of two obligatory GluN1 subunits along with two GluN2 or GluN3 subunits, of which there are four (GluN2A–GluN2D) and two subtypes (GluN3A and GluN3B) respectively. Each subunit contains a typical modular architecture with two large clamshell-like extracellular domains (the N-terminal domain (NTD) involved in assembly and channel modulation and the agonist-binding domain (AND)), a transmembrane domain (TMD) and a C-terminal domain (CTD) involved in signalling and receptor trafficking. The NTD and CTD regions are the most divergent and account for much of the functional diversity of NMDARs [2].

An increased level of N-methyl-D-aspartate (NMDA) receptor hypofunction within the brain is associated with learning and memory impairments with psychosis and ultimately with excitotoxic brain injury. As the brain ages, the NMDA receptor system becomes hypofunctional, and thus contributes in decreasing memory and learning performance. In the individuals it will lead to the development of Alzheimer's disease, and other abnormalities (eg, amyloidopathy and oxidative stress) that will interact to increase the NMDA receptor hypofunction (NRHypo) burden. In these individuals, the brain then enters into a persistent and severe NRHypo state, which can lead to neuron degeneration with accompanying cognitive deterioration and further mental symptoms [3].

Alzheimer Disease

Alzheimer's disease is a form of dementia. Dementia is a broader term for conditions caused by brain injuries or diseases that negatively affect memory, behavior, and thinking. These changes interfere with daily living. According to the Alzheimer's Association, Alzheimer's disease accounts for 60 to 80 percent of dementia cases. Most people with the disease are diagnosed after age 65. If diagnosed before then, it is referred as early onset Alzheimer's disease [4].

Dementia Vs Alzheimer's: The terms "Alzheimer" and "dementia" are sometimes used interchangeably. However, these two conditions are not the same. Alzheimer's is a type of dementia. Dementia is a term used when the conditions with symptoms relating to memory loss such as confusion and forgetfulness. Dementia includes more specific conditions, such as Parkinson's disease, Alzheimer's disease and others [4].

Symptoms: The most common symptom includes memory loss affecting your daily activities, such as your ability to keep appointments. Other involves;

- ✓ Mood and personality changes
- ✓ Trouble with familiar tasks, such as using a microwave
- ✓ Difficulties with problem-solving
- ✓ Decreased judgment
- ✓ Trouble with speech or writing
- ✓ Withdrawal from friends, family, and community
- ✓ Decreased personal hygiene
- ✓ Becoming disoriented about times or places [5]

Stages

Stage 1: No symptoms at this stage, but there might be an early diagnosis based on family history.

Stage 2: Symptoms appear earlier, such as forgetfulness.

Stage 3: Mild physical and mental impairments appear, such as concentration and reduced memory. These may only be noticeable by someone very close to the person.

Stage 4: Alzheimer's is often diagnosed at this stage, but still considered as mild. Memory loss and the inability to perform everyday tasks are evident.

Stage 5: Moderate to severe symptoms need help from caregivers or loved ones.

Stage 6: At this stage, a person with Alzheimer's may need help with basic tasks, such as eating and putting on clothes.

Stage 7: Most severe and the final stage of Alzheimer's. It may include loss of speech and facial expressions [5].

Etiology

Amyloid is one of the proteins involved whose deposits are forming plaques around brain cells. The other protein is known as tau, whose deposits responsible for forming tangles within brain cells. As brain cells gets affected, there will be reduction in level of chemical messengers (called neurotransmitters) involved in sending messages, or signals between brain cells. Levels of neurotransmitter acetylcholine are low in the brains of people with Alzheimer's disease. Over time, different areas of the brain shrink. Although it is still unknown what triggers Alzheimer's disease, there are several factors that are known to increase the risk of developing the condition [6].

Age: Age is the single most significant factor. The development of Alzheimer's disease doubles every 5 years after you reach 65. It is not just older people who are at risk of developing Alzheimer's disease. Around one in twenty individuals with the condition are under the age of 65. This is known as early- or young-onset Alzheimer's disease and it can affect people from around the age of 40.

Family history: The genes inherited from parents can contribute to risk of developing Alzheimer's disease, although the actual increase in risk is small. But in a few families,

Alzheimer's disease is caused by the single inherited gene and the risks of the condition being passed on are much higher. If several of your family members have developed dementia over the generations, and particularly at a young age, one may want to seek genetic counselling for information and advice about chances of developing Alzheimer's disease.

Down's syndrome: People with Down's syndrome are at a higher risk of developing Alzheimer's disease, because of the genetic fault can also cause amyloid plaques to build up in the brain, which results in Alzheimer's disease in some people.

Head injuries: People who have had a severe head injury may be at higher risk of developing Alzheimer's disease, but much research is still needed in this area.

Cardiovascular disease: Research shows there are several lifestyle factors and conditions associated with cardiovascular disease that can increase the risk of Alzheimer's disease. These include:

- High Blood Pressure
- Smoking
- High Cholesterol
- Diabetes
- Obesity

Other risk factors: In addition, the latest research suggests that other factors are also important, although this does not mean these factors are directly responsible for causing dementia includes:

- ✓ Loneliness or social isolation
- ✓ A sedentary lifestyle
- ✓ Untreated depression (though depression can also be one of the symptoms of Alzheimer's disease)
- ✓ Hearing Loss

Pathophysiology

There are many hypotheses or theories for describing the pathophysiology of Alzheimer Disease either still postulated or evidenced. Cholinergic hypothesis is the traditional one and based on cholinergic dysfunction. Neuropathologically AD is also defined by the existence of intraneuronal neurofibrillary lesions made up of tau proteins thus support the Tau hypothesis.

On the other hand, genetic studies provides evidences for Amyloid cascade hypothesis which postulates that neurodegeneration in AD is caused by abnormal accumulation of amyloid beta ($A\beta$) plaques in different areas of the brain. Accordingly, accumulation of $A\beta$ plaques acts as a pathological trigger for a cascade which includes neuritic injury, formation of neurofibrillary tangles via tau protein results in neuronal dysfunction and cell death in AD brain. In amyloidogenic pathway, Amyloid precursor protein (APP) cleaved by β -secretase generates membrane bound C-terminal fragment that subsequently cleaved by γ -secretase and generate $A\beta$ peptide. However, it have been established that, presenilins 1 and 2 are proteins predominantly present in neuron encoded by PSEN1 and PSEN2 genes. Specifically, PSEN1 gene mutation has been observed to alter cleavage pattern of γ -secretase which results into higher $A\beta_{1-42}$ production and loss of PSEN dependent

functions. Moreover, there are three major isoforms of Apolipoprotein E: ApoE2, ApoE3, and ApoE4. Animal studies as well as biochemical and cell biological studies suggest that ApoE4 can increase $A\beta$ peptide aggregation and impair its clearance in the brain thus, act as driving force for pathogenesis of AD. These represent a major risk factor associated with late onset AD.

In addition, neuropeptides are neuronal signaling molecules works as messenger hormones in CNS, neurotransmitters or neuromodulators play an important role in behavioral and cognitive functions. The role of neuropeptides in amyloid cascade hypothesis has been also established. In this context, corticotrophin-releasing hormone (CRH) was found to possess neuroprotective role in AD. Previous studies showed that CRH has been available in reduced level in cerebro spinal fluid (CSF) of AD patients as compared with the similar sex and age matched healthy controls. It has been also reported that, somatostatin influences learning and memory process and decreased level of somatostatin has been found in the brain and CSF of AD patients. The somatotrophin release inhibiting factor content reduced significantly with cognitive deficits. It is worthy to mention that, genetic deficiency of somatostatin leads to alteration in the hippocampus and increased quantity of $A\beta$ peptide in AD brain.

In the light of what was mentioned, novel strategies to modify the disease process have been developed. The major developing strategies are targeted to both $A\beta$ and tau based therapeutics which is the main determinant to unlock AD in the future. $A\beta$ based therapeutics or strategies may be achieved by targeting $A\beta$ protein, aggregation, transport and clearance as well as, by modulation of secretase enzymes in addition to, amyloid based vaccination therapy. However, tau based therapeutics or strategies may be achieved by targeting tau protein, inhibition of tau phosphorylation, targeting microtubule stabilization, blocking tau oligomerization and enhancing tau degradation.

Targeting mitochondrial dysfunction is promising and effective strategy to modify AD process especially in the high-risk individuals. It is reported that Coenzyme Q10 (CoQ10) which is present primarily in the mitochondria which is effective in improving cognitive disorders and has been used as anti-aging. It can suppress ROS production, minimized ROS injury and stabilize mitochondrial function [7].

Alzheimer's disease known as progressive multifarious neurodegenerative disorder, which his the leading cause of dementia in late adult life. Pathologically it is characterized by extracellular amyloid protein deposits and intracellular neurofibrillary tangles contributing to senile plaques. Over the last two decades, advancement in the field of pathogenesis have inspired the researchers for the investigation of novel pharmacological therapeutics more towards the pathophysiological features of the disease. Currently available treatments i.e methyl d-aspartatreceptor antagonist (memantine) contribute and minimal impact on the disease and target late aspects of the disease. These drugs provide symptomatic relief but fail to achieve a definite cure. While the neuropathological features of Alzheimer's disease are recognized but the intricacies of the mechanism have not been clearly defined. This lack of information regarding the pathogenic process may be the reason for the non-availability

of effective treatment which can prevent onset and progression of the disease. Owing to the important progress in the field of pathophysiology in the last couple of years, new therapeutic targets are available that should render the underlying disease process to be tackled directly. In this review, authors will discuss the different aspects of pathophysiological mechanisms behind Alzheimer's disease and its management through conventional drug therapy, including modern investigational therapeutic strategies, recently completed and ongoing [8].

Recent Advances

Role of Peptidyl-Prolyl Isomerase Pin1 in the disruption of synaptic plasticity in Alzheimer's disease

Synaptic loss is that the structural basis for memory impairment in Alzheimer's disease (AD). whereas the underlying pathological mechanism remains elusive, it's glorious that misfolded proteins accumulate as β -amyloid ($A\beta$) plaques and hyperphosphorylated Tau tangles decades before the onset of clinical malady. The loss of Pin1 facilitates the formation of those misfolded proteins in AD. Pin1 macromolecule controls cell-cycle progression and determines the fate of proteins by the ubiquitin proteasome system. The activity of the ubiquitin proteasome system directly affects the purposeful and structural physical property of the conjunction. we tend to localized Pin1 to nerve fibre rafts and postsynaptic density (PSD) and located the pathological loss of Pin1 among the synapses of AD brain plant tissue tissues. The loss of Pin1 activity could alter the ubiquitin-regulated modification of PSD macromolecules and reduce levels of Shank protein, leading to aberrant colligation structure. The loss of Pin1 activity, elicited by aerophilous stress, may render neurons a lot of liable to the toxicity of oligomers of $A\beta$ and to excitation, thereby inhibiting NMDA receptor-mediated colligation physical property and intensifying NMDA receptor-mediated colligation degeneration. These results recommend that loss of Pin1 activity could lead on to the loss of colligation physical property within the development of AD [9].

Overexpression of EphB2 in hippocampus rescues impaired NMDA receptors trafficking and cognitive dysfunction in Alzheimer model

Amyloid- β oligomers might cause psychological feature deficits in Alzheimer's malady by impairing neural NMDA-type salt receptors, whose perform is regulated by the receptor aminoalkanoic acid enzyme EphB2. Here we tend to show that amyloid- β oligomers bind to the fibronectin repeats domain of Eph B2 and trigger EphB2 degradation within the proteasome. To determine the morbid importance of EphB2 depletions in Alzheimer's malady and connected models, we tend to used lentiviral constructs to scale back or increase neural expression of EphB2 in memory centres of the mouse brain. In non-transgenic mice, knockdown of EphB2 mediate by short pin polymer reduced NMDA receptor currents and impaired semipermanent synergy with in therbody structure, that square measure vital for memory formation. Increasing EphB2 expression within theroughbody structure of human amyloid precursor supermolecule transgenic mice reversed deficits in NMDA receptor-dependent semipermanent synergy and memory impairments. Thus, depletion of EphB2 is essential in amyloid- β -induced neural dysfunction. Increasing EphB2

levels or perform may well be helpful in Alzheimer's malady [10].

Amyloid- β oligomers transiently inhibit AMP-activated kinase and cause metabolic defects in hippocampal neurons

AMP-activated enzyme (AMPK) may be a key player in energy sensing and metabolic reprogramming beneath cellular energy restriction. Several studies have joined impaired AMPK perform to peripheral metabolic diseases like polygenic disorder. However, the impact of medicine disorders, like Alzheimer malady (AD), on AMPK perform and downstream effects of altered AMPK activity on somatic cell metabolism are investigated solely recently. Here, we report the impact of $A\beta$ oligomers ($A\beta$ O), synaptic toxins that accumulate in AD brains, on neuronal AMPK activity. Short-term exposure of civilized rat hippocampal neurons or ex vivo human animal tissue slices to $A\beta$ O transiently remittent intracellular nucleotide levels and AMPK activity, as evaluated by its phosphorylation at threonine residue 172 (AMPK-Thr (P)172). The $A\beta$ O-dependent reduction in AMPK-Thr (P)172 levels was mediate by salt receptors of the N-methyl-D-aspartate (NMDA) subtype and resulted in removal of aldohexose transporters (GLUTs) from the surfaces of nerve fiber processes in hippocampal neurons. Importantly, insulin prevented the $A\beta$ O-induced inhibition of AMPK our results establish a completely unique virulent impact of $A\beta$ O on somatic cell metabolism and counsel that $A\beta$ O-induced, NMDA receptor-mediated AMPK inhibition could play a key role in early brain metabolic defects in AD [11].

Vitamin D and Depression: Cellular and Regulatory Mechanisms

Depression is caused by a change in neural activity resulting from an increase in glutamate that drives excitatory neurons and may be responsible for the decline in the activity and number of the GABAergic inhibitory neurons. This imbalance between the excitatory and inhibitory neurons may contribute to the onset of depression. At the cellular level there's a rise within the concentration of animate thing Ca^{2+} at intervals the repressing neurons that's driven by a rise in entry through the NMDA receptors (NMDARs) and thru activation of the phosphoinositide communication pathway that generates Btriphosphate (InsP3) that releases Ca^{2+} from the interior stores. The importance of those 2 pathways in driving the elevation of Ca^{2+} is supported by the actual fact that depression will be eased by ketamine hydrochloride that inhibits the NMDARs and scopolamine that inhibits the M1 receptors that drive InsP3/ Ca^{2+} pathway. This increase in Ca^{2+} not solely contributes to depression however it should additionally justify why people with depression have a powerful chance of developing Alzheimer's sickness. The enhanced levels of Ca^{2+} might stimulate the formation of $A\beta$ to initiate the onset and progression of Alzheimer's sickness. The phenotypical stability hypothesis argues that calciferol acts by reducing the inflated somatic cell levels of Ca^{2+} that area unit driving depression. This action of calciferol depends on its operato keep up the expression of the Ca^{2+} pumps and buffers that scale back Ca^{2+} levels, which can justify however it acts to reduce the onset of depression [12].

Selective 5-HT7 Receptor activation may enhance synaptic plasticity through N-methyl-D-aspartate (NMDA)

Receptor activity in the visual cortex Serotonin (5-hydroxytryptamine, 5-HT) is a very important neurochemical that modulates N-methyl-D-aspartate (NMDA) receptor activity by binding to any totally different 5-HT receptor subtypes. In the present study, we used whole-cell patch-clamp recordings in transverse slice preparations to test the role of 5-HT receptors in modulating the NMDA receptor-mediated miniature excitatory postsynaptic currents (mEPSCs) in layer II/III pyramidal neurons of the rat cortical region. We found that the NMDA receptor-mediated part of mEPSCs might be potentiated by exogenously applied 5-HT. These results indicated that the rise in NMDA receptor-mediated part of mEPSCs by 5-HT in layer II/III pyramidal neurons of the young rat cortical region needs activation of 5-HT₇ receptors, but not 5-HT_{1A} receptors [13].

Tau Protein Mediates APP Intracellular Domain (AICD)-Induced Alzheimer's-Like Pathological Features in Mice

Alzheimer's disease (AD) is a progressive neurodegenerative disease characterized by two hallmark pathologies i.e. neurofibrillary tangles (NFTs) consisting of microtubule-associated protein tau and senile plaques made up of amyloid- β (A β) peptides. Tau is a neuronal-specific protein that binds and stabilizes microtubules in axons. Hyperphosphorylated tau is unable to bind microtubules and aggregates to form paired helical filaments (PHF), the major constituent of NFTs. In addition to the cytoskeletal binding functions, tau plays prominent roles in modulating several signaling pathways. In AD and other tauopathies such as fronto-temporal dementia, tau becomes hyperphosphorylated and accumulates in somatodendritic compartments. In addition to phosphorylation, tau can undergo a variety of post-translational modifications such as acetylation, glycation, O-Glc-N-Acylation and ubiquitination. Accumulating evidence suggests that in AD, tau mediates A β -induced pathogenic effects and that reducing tau protects against the deleterious effects of A β in vitro and in mouse models of AD. However, the exact mechanism by which tau mediates A β -induced toxicity remains unknown [14].

Amyloid beta modulation of somatic cell network activity in vitro

In vitro assays supply a way of screening potential medicine and fast the drug development method. Here, we have a tendency to use somatic cell cultures on planar microelectrode arrays (MEA) as a practical assay to assess the neurotoxicity of amyloid- β (A β 42), a biomolecule concerned within the Alzheimer's unwellness (AD). During this approach, neurons harvested from embryonic mice were seeded on the substrate-integrated microelectrode arrays. The classy neurons kind a prompt active network, and also the spiking activity as a practical end might be detected via the MEA. A β 42 oligomer, however not compound, considerably reduced network spike rate. Additionally, we have a tendency to find it incontestable that the ionotropic salt receptors, NMDA and AMPA/kainate, play a task within the effects of A β 42 on somatic cell activity in vitro. To look at the utility of the MEA-based assay for AD drug discovery, we have a tendency to test 2 model medicine for AD, thiazine (MB) and memantine. Our results show that nearly full recovery within the activity at interval twenty four h when administration of A β 42 within the cultures pre-treated with either MB or memantine. Our findings counsel that

refined somatic cell networks is also a helpful platform in screening potential medicine for A β iatrogenic changes in neurologic perform [14].

Oligomeric A β -induced conjunction pathology in presenile dementia

Alzheimer's unwellness (AD) could be a devastating disease characterized by conjunction and somatic cell loss within the old. Compelling proof suggests that soluble amyloid- β amide (A β) oligomers induce conjunction loss in AD. A β -induced conjunction pathology depends on over stimulation of N-methyl-D-aspartate receptors (NMDARs) leading to aberrant activation of redox-mediated events in addition as elevation of living substance Ca²⁺, that successively triggers downstream pathways involving phospho-tau (P-tau), caspases, Cdk5/dynamain-related macromolecule one (Drp1), calcineurin/PP2B, PP2A, Gsk-3 β , Fyn, cofilin, and CaMKII and causes endocytosis of AMPA receptors (AMPA) in addition as NMDARs. pathology in these pathways results in mitochondrial pathology, bio-energetic compromise and resulting conjunction pathology and loss, impaired long-run synergy (LTP), and psychological feature decline. Proof conjointly suggests that A β might, a minimum of partially, mediate these events by inflicting aberrant rise in extra-synaptic salt levels by inhibiting salt uptake or triggering salt unharness from interstitial tissue cells. resulting extra-synaptic NMDAR (eNMDAR) over stimulation then leads to conjunction pathology via the aforesaid pathways. per this model of A β -induced conjunction loss, A β conjunction toxicity will be partly ameliorated by the NMDAR antagonists (such as memantine and Nitro Memantine). PSD-95, a crucial system macromolecule that regulates conjunction distribution and activity of each NMDA and AMPA receptors, is additionally functionally noncontinuous by A β . PSD-95 dysregulation is probably going a crucial intermediate step within the pathological cascade of events caused by A β . In summary, A β -induced conjunction pathology could be a difficult method involving multiple pathways, elements and biological events, and their underlying mechanisms, albeit up to now incompletely understood, might supply hope for brand new therapeutic avenues [15].

Recent Drug Strategies

Effects of memantine on the excitation-inhibition balance in anterior cortex.

Memantine is one of the few drugs currently approved for treatment of Alzheimer's disease (AD). The clinical effects of memantine are thought to be associated with inhibition of NMDA receptors (NMDARs). Surprisingly, other open-channel NMDAR blockers have unacceptable side effects that prevent their consideration for AD treatment. One of the mechanisms proposed to explain the therapeutic benefits of memantine involves preferential decrease of excitatory drive to inhibitory neurons in the cortical circuitry and consequent changes in balance between excitation and inhibition (E/I). In this study we addressed effects of memantine on E/I balance in the prefrontal cortex (PFC). We found that a moderate concentration of memantine shifted E/I balance removed from inhibition within the fluorocarbon electronic equipment. Indeed, memantine decreased the frequency and amplitude of

spontaneous inhibitory postsynaptic currents in pyramidal neurons while leaving spontaneous excitatory postsynaptic currents unaffected. These circuitry effects of memantine were occluded by the competitive NMDAR inhibitor AP-5, and thus are associated with NMDAR inhibition. We also found that memantine decreased feed-forward disinaptic inhibitory input to pyramidal neurons, which is thought to be mediated by parvalbumin (PV) positive interneurons.

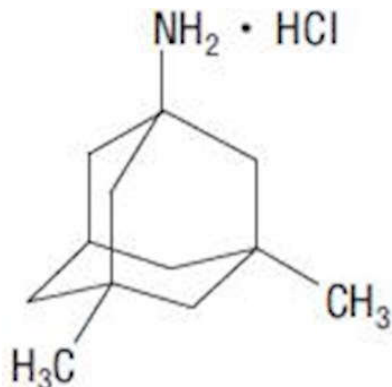


Figure 3 Memantine Hydrochloride

Accordingly, memantine caused a greater decrease of the amplitude of NMDAR-mediated synaptic responses in PV-positive interneurons than in pyramidal neurons. Finally, memantine reduced firing activity in PV-positive interneurons whereas increasing firing in pyramidal neurons. This study elucidates a unique mechanism of action of memantine related to shifting of the E/I balance removed from inhibition in cerebral cortex electronic equipment, and provide important insights for AD drug development [16].

Beta and gamma carboline derivatives as potential anti-Alzheimer agents: A comparison

Nine novel β - and γ -carboline derivatives bearing either methyl-, propargyl- or phenethyl-residues at the indole nitrogen 7 were synthesized and tested as potential anti-Alzheimer medicine. Antagonism of recombinantly expressed NMDA receptors, inhibition of cholinesterases, and radical scavenging properties were determined for all compounds. Some were additionally tested in vivo for their ability to reverse scopolamine-induced cognitive impairment in an 8-arm radial maze experiment with rats. For the most promising candidates, the interaction with muscarinic M1 receptors was also investigated. With this set of compounds assays the influence of the scaffold itself and the substituents can be investigated separately. 5-Methyl- γ -carboline (6) was the most potent (0.25 $\mu\text{mol}/100 \text{ g b.w.}$) compound in the in vivo test and might be a good starting point for the development of novel anti-Alzheimer drugs [17].

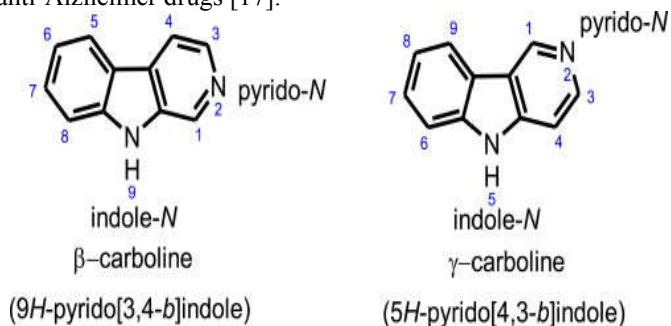


Figure 4 Structure of Beta and Gamma Carboline Derivatives

The pharmacology of Tacrine at N-methyl-d-aspartate receptors

The mechanism of tacrine as a precognitive drug has been considered to be complex and not fully understood. It has been reported to involve a wide spectrum of targets involving cholinergic, gabaergic, nitrinergic and glutamatergic pathways. Here, we review the effect of tacrine and its derivatives on the NMDA receptors (NMDAR) with a focus on the mechanism of action and biological consequences related to the Alzheimer's disease treatment. Our findings indicate that result of tacrine on glutamatergic neurons is each direct and indirect. Direct NMDAR antagonistic effect is often reported by in vitro studies; however, it is achieved by high tacrine concentrations which are not likely to occur under clinical conditions. The impact on memory and behavioral testing can be ascribed to indirect effects of tacrine caused by influencing the NMDAR-mediated currents via M1 receptor activation, which leads to inhibition of Ca^{2+} -activated potassium channels. Such inhibition prevents membrane repolarization leading to prolonged NMDAR activation and subsequently to long term potentiation. Considering these findings, we will conclude that tacrine-derivatives with twinenzyme and NMDARs modulating activity might represent a promising approach within the drug development for diseases related to psychological dysfunction, such as Alzheimer's disease [18].

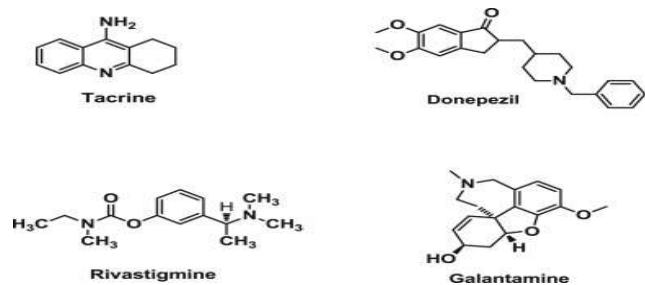


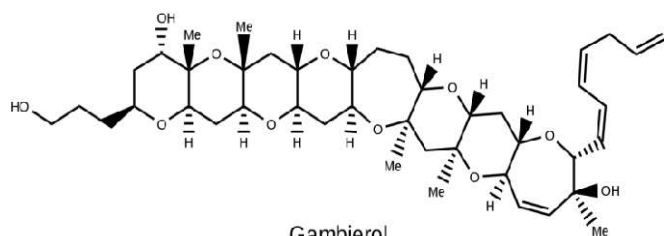
Figure-5

Biaryl scaffold-focused virtual screening for anti-aggregatory and neuroprotective effects in presenile dementia

Alzheimer's disease (AD) may be a primary reason behind dementia in ageing population touching over thirty five million folks around the globe. It's a chronic neurodegenerative malady caused by defected folding and aggregation of amyloid beta ($\text{A}\beta$) supermolecule. $\text{A}\beta$ is created by the cleavage of membrane embedded amyloid precursor supermolecule (APP) by exploitation of protein 'transmembrane aspartyl proteinase, β -secretase'. Inhibition of β -secretase may be a viable strategy to forestall neurotoxicity in AD. Another strategy within the treatment of AD is inhibition of acetylcholinesterase. This inhibition reduces the degradation of neurotransmitter and quickly restores the cholinergic operation of neurons and improves psychological features. MAO and better salt levels are found to be connected with $\text{A}\beta$ amide connected aerobic stress. aerobic stress results in reduced activity of salt synthase leading to considerably higher level of salt in brain [19].

Tetracyclic Truncated Analogue of the Marine poison Gambierol Modifies NMDA, Tau, and Amyloid β Expression in Mice Brains

Implications in AD Pathology Gambierol and its 2, tetra- and heptacyclic, analogues are antecedently tried as promising molecules for the modulation of presenile dementia (AD) hallmarks in primary plant tissue neurons. During this work, the impact of the tetracyclic analogue of gambierol was tested in vivo in mice (10 months old) once a month of weekly treatment with fifty µg/kg. Adverse effects were not reported throughout the full treatment amount and no pathological signs were discovered for the analyzed organs. The compound was found in brain samples once intra-peritoneal injection. The tetracyclic analogue of gambierol evoked a decrease of amyloid β1-42 levels and a dose-dependent inhibition of β-secretase enzyme-1 activity. Moreover, this compound additionally reduced the phosphorylation of alphabetic character at the 181 and 159/163 residues with a rise of the inactive isoform of the polysaccharide synthase kinase-3β. In accordance with our in vitro somatic cell model, this compound made a discount within the N2A monetary unit of the N-methyl-D-aspartate (NMDA) receptor. The combined impact of this compound on amyloid β1-42 and alphabetic character phosphorylation represents a multitarget therapeutic approach for AD which could be simpler for this complex and sophisticated neurodegenerative malady than the present treatments [20].



Gambierol

Figure-6

Navigating the Chemical Space of Multi-target-Directed Ligands: From Hybrids to fragments in Alzheimer's Disease Multi-target drug discovery is one of the hottest topics and most active fields in the search for new molecules against Alzheimer's disease (AD). Over the last twenty years, many promising multi-target-directed ligands (MTDLs) have been identified and developed at a pre-clinical level.

In this respect, large hybrid molecules and small fragments are poles apart. In this, our aim is to appraise what we have accomplished in the development of both hybrid- and fragment-like molecules directed to diverse AD targets (i.e., acetylcholinesterase, NMDA receptors, metal chelation, and GSK-3β) [21]. γ-Secretase is a protease complex responsible for cutting the transmembrane domain of the amyloid β-protein precursor (APP) to form the amyloid β-protein (Aβ), an aggregation-prone product that accumulates in the brain in Alzheimer's disease. As evidence suggests that Aβ is critical to Alzheimer pathogenesis, γ-secretase is considered a key target for the development of disease-modifying therapeutics. The protease complex cuts many other substrates, and some of these proteolytic events are part of signaling pathways or other important cellular functions. Among these, proteolysis of the Notch receptor is essential for signaling that is involved in a number of cell-fate determinations. Many inhibitors of γ-secretase have been identified, but it is clear that drug candidates for Alzheimer's disease should have minimal effects on the Notch signaling pathway, as serious safety issues have arisen with nonselective inhibitors. Two types of promising

candidates that target this protease complex have emerged: the so-called "Notch-sparing" γ-secretase inhibitors, which block cleavage of APP selectively over that of Notch, and γ-secretase modulators, which shift the proportion of Aβ peptides produced in favor of shorter, less aggregation-prone species. The current status and prospects for these two general types of candidates will be discussed [22].

PBT2 inhibits glutamate-induced excitotoxicity in neurons through metal-mediated preconditioning

Excitotoxicity is that the organic process by that somatic cell death happens as a result of excessive stimulation of receptors at the excitatory cell like the NMDA receptor (NMDAR). Excitotoxicity has been involved within the acute medical specialty injury from ischaemia and traumatic brain injury and within the chronic neurodegeneration in Alzheimer's disease (AD) and Huntington's chorea (HD). As a result NMDARs antagonists have become an attractive therapeutic strategy for the potential treatment of multiple neurodegenerative diseases.

However NMDAR communication is divided in nature, with excessive increases in neuronal intracellular calcium through excessive NMDAR activity being lethal but moderate increases to intracellular calcium levels during normal synaptic function providing neuroprotection. Subsequently indiscriminate inhibition of this receptor is best avoided as was over from previous clinical trials of NMDAR antagonists. We show that the metal chaperone, PBT2, currently in clinical trials for HD, is able to protect against glutamate-induced excitotoxicity mediated through NMDARs. This was achieved by PBT2 inducing Zn(2+)-dependent increases in intracellular Ca(2+) levels resulting in preconditioning of neurons and inhibition of Ca(2+)-induced neurotoxic signaling cascade involving calpain-activated cleavage of calcineurin. Our study demonstrates that modulating intracellular Ca(2+) levels by a zinc ionophore is a valid therapeutic strategy to protect against the effects of excitotoxicity thought to underlie both acute and chronic neurodegenerative diseases [23].

Multi-target styleways within the context of Alzheimer's disease: acetylcholinesterase inhibition and NMDA receptor antagonism because the driving forces.

In recent years, the multi-target-directed ligand concept has been used to design a variety of molecules hitting different biological targets for Alzheimer's disease. We have sought to combine, in the same molecule, the neuroprotective action of N-methyl-D-aspartate receptor antagonism with the symptomatic relief offered by cholinergic activity through acetylcholinesterase inhibition. This strategy may doubtless maintain the positive outcomes of memantine-acetylcholinesterase matter mixtures, but with the benefits of a single molecule therapy. Herein, we have a tendency to discuss designated samples of multifunctional compounds, which we rationally designed to simultaneously modulate these targets. We conjointly examine the tangled relationship between acetylcholinesterase, N-methyl-D-aspartate receptors, and different active players within the toxin cascade [24].

CONCLUSION

The role of neurotransmitter like glutamate and its receptors in the function of synaptic plasticity as well as the etiology of some neurodegenerative diseases such as Alzheimer's disease

has been under investigation for many decades. Some studies indicate that glutamatergic neurotransmission through NMDARs lead to dichotomous results. Synaptic NMDAR signaling is required for the survival of neurons. However, extra-synaptic NMDARs signaling activated by the spillover of astrocyte- or presynaptic terminal-released glutamate plays a key role in antagonizing the synaptic pro-survival signaling pathway and tilt the balance toward excitotoxicity and ultimate neurodegeneration. This is supported by the clinical effects seen in AD cases by memantine, an NMDAR antagonist, which functions through suppressing the extrasynaptic NMDAR signaling. Further studies on memantine and its derivatives will help elucidate the molecular mechanisms of how glutamate and NMDAR function in the etiology of AD.

References

1. Henry GS Martin, Wang YT, 2010. Blocking the Deadly Effects of the NMDA Receptor in Stroke, *Cell* 140: 174-176
2. Pierre P, Camilla B, Qiang Z. 2013. NMDA receptor subunit diversity: impact on receptor properties, synaptic plasticity and disease, *Nature Reviews Neuroscience* 14: 383-400
3. Newcomer John W, Farber Nuri B, Olney John W, 2000. NMDA receptor function, memory, and brain aging, *Dialogues in Clinical Neuroscience* 2 (3): 219-232.
4. Aaron K, 2018. What is the difference between dementia and Alzheimer's, *Medical news today*.
5. Mahley RW, Weisgraber KH, Huang Y, 2006. Apolipoprotein E4: A causative factor and therapeutic target in neuropathology, including Alzheimer disease. *Proceedings of the National Academy of Sciences of the United States of America* 103(15): 5644-51.
6. Neuropathology Group of the Medical Research Council Cognitive Function and Aging Study. Pathological correlates of late-onset dementia in a multicentre, community-based population in England and Wales 2001. Neuropathology Group of the Medical Research Council Cognitive Function and Ageing Study (MRC CFAS). *Lancet* 357(9251):169-175.
7. Azza Ali A, 2016. Alzheimer's disease: Pathophysiology, Hypotheses and Treatment Strategies. *Acta Psychopathol.* 2 : 3.
8. Anil K, Arti S, Ekavali, 2015. A review on Alzheimer's disease pathophysiology and its management: an update. *Pharmacological Reports* 67: 195-203
9. Xu L, Ren Z, Chow FE, Tsai R, Liu T, Rizzolio F, Boffo S, Xu Y, Huang S, Lippa CF, Gong Y, 2017. Pathological Role of Peptidyl Prolyl Isomerase Pin1 in the Disruption of Synaptic Plasticity in Alzheimer's Disease. *Neural Plasticity*.
10. Rui Hu, Pan Wei, Lu Jin, Teng Zheng, Wen-Yu Chen, Xiao-Ya Liu, Xiao-Dong Shi, Jing-Ru Hao, Nan Sun and Can Gao, 2017. Overexpression of EphB2 in hippocampus rescues impaired NMDA receptors trafficking and cognitive dysfunction in Alzheimer model. *Cell Death and Disease* 8.
11. Seixas da Silva GS, Melo HM, Lourenco MV, Lyra E Silva NM, de Carvalho MB, Alves-Leon SV, de Souza JM, Klein WL, da-Silva WS, Ferreira ST, De Felice FG, 2017. A β oligomers impact neuronal AMPK. *Journal of Biological Chemistry* 1-23.
12. Michael B, 2017. Vitamin D and Depression: Cellular and Regulatory Mechanisms. *Pharmacol* (69): 80-92.
13. Kaushik G, Qingyuan, Dawson Hana N, Pimplikar Sanjay W, 2016. Tau Protein Mediates APP Intracellular Domain (AICD)-Induced Alzheimer's-Like Pathological Features in Mice. *Plos one.* 11(7):1-22
14. Hamid C, Susheela M, Evgenia M, Moll Jonathan R, Mc Hail Daniel G, Nathalia P, Cliff Richard O , Pancrazio Joseph J, 2015. Amyloid beta modulation of neuronal network activity in vitro. *brain research. Journal of Cell Science* (1629): 1-9.
15. Shichun Tu ,Shu-ichi O, Lipton Stuart A, Huaxi Xu, 2014. Oligomeric A β -induced synaptic dysfunction in Alzheimer's disease. *Molecular Neurodegeneration* 9 (48):1-12
16. Povysheva Nadezhda V, Johnso Jon W., 2016. Effects of memantine on the excitation-inhibition balance in prefrontal cortex. *Neurobiology of Disease.* 96 : 75-83
17. Robert O, Robert P, Friedemann G, Thomas W, Dorothea A, Christian F, Christian T, Jochen L, Christoph E, 2014. Beta and gamma carboline derivatives as potential anti-Alzheimer agents: A comparison. *European Journal of Medicinal Chemistry* 87 : 63-70.
18. Martin H, Kristina H, Eugenie N, Jan K, Martina K, Jan K, Ladislav V, Kamil K, Ales S, Jan R, Karel V, 2017. The pharmacology of tacrineat N-methyl-d-aspartate receptors. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 75 : 54-62.
19. Sidra K, Muhammad Ammar Z, Hussain A, Kim Yeong S, Salman K., 2018. Biaryl scaffold-focused virtual screening for anti-aggregatory and neuroprotective effects in Alzheimer's disease. *BMC Neuroscience.* 19(1) : 1-11.
20. Eva A, Vieira Andres C, Ines R, Rebeca A, Sandra G, Haruhiko F, Yuto S, Makoto S, Amparo A, Jose M Cifuentes, Botana Luis M., 2017. Tetracyclic Truncated Analogue of the Marine Toxin Gambierol Modifies NMDA, Tau, and Amyloid β Expression in Mice Brains: Implications in AD Pathology. *ACS Chemical Neuroscience.* 8(6): 1358-1367.
21. Federica P, Andrea C, Maria Laura B, 2016. Navigating the Chemical Space of Multi target-Directed Ligands: From Hybrids to Fragments in Alzheimer's disease. *Molecules*, 21(4): 466.
22. Wolfe MS, 2012. γ -Secretase as a Target for Alzheimer's Disease. *Advances in Pharmacology*, 127-153.
23. Timothy J, Nuttawat S, Donnelly PS, Liu Xiang M, Steven P, Hill Andrew F, Barnham Kevin J., 2015. PBT2 inhibits glutamate-induced excitotoxicity in neurons through metal-mediated preconditioning. *Neurobiology of Disease* 81 : 176-185.
24. Michela R, Elena S, Anna M, Carlo M, 2014. Multi-target Design Strategies in the Context of Alzheimer's Disease: Acetylcholinesterase Inhibition and NMDA Receptor Antagonism as the Driving Forces. *Neurochemical Research.* 39(10):1914-1923